

SUPER SAFE COMICS



Connecticut
Children's
MEDICAL CENTER

FREE US
FREE CAN

6
OCT

APPROVED
BY THE
SAFETY



AUTHORITY

FEATURING
CAPTAIN SUPER SAFE
IN



BRAIN INJURY
ASSOCIATION
OF CONNECTICUT



Committed to Kids' Health and Education



GOOD SPORTS



**BRAIN INJURY
ASSOCIATION
OF CONNECTICUT**

AS A PARENT, YOU CAN REDUCE YOUR CHILD'S RISK OF INJURY WHEN PLAYING SPORTS!

A concussion is not simply a bump on the head: It is a brain injury and the only cure for a brain injury is preventing one in the first place. You, as the adult, set the example for your child and when you don't wear proper equipment or ensure that your child sits out when s/he may have a concussion, you are putting your child at greater risk for injury. Having the right equipment for an activity, understanding the signs and symptoms of concussion, and knowing when someone should be evaluated by a medical professional is important. Remember that your child watches and learns from everything you do. Adults, as well as children, must wear appropriate head protection not only when they play a contact sport, but also when they ski or skate, and when they ride a horse, bike, snowmobile or ATV.

Because you may not know right away if you have a concussion, recognizing and properly responding to a concussion when it first occurs is critical, and the proper management of a concussion is key. If you suspect someone has a concussion, that person should be evaluated by a health care professional who is trained in concussion, before returning to activities.

Most people think that a person has to lose consciousness to have a concussion. In fact, most concussions occur **WITHOUT** a loss of consciousness. While a lot of concussions result from sporting activities, they also can occur in falls, motor vehicle crashes, being struck by or against something, or in an assault.

SO WHEN IN DOUBT, JUST SIT OUT!

The Brain Injury Association of Connecticut (BIAC) is your partner in brain injury prevention and recovery. BIAC is Connecticut's only organization dedicated to supporting individuals with brain injuries, their families and caregivers, while increasing awareness on brain injury and its prevention. BIAC educates more than 4,000 Connecticut residents each year through its brain injury prevention programs, including presentations specifically for school-aged children, their teachers, parents, coaches and professionals. For more information on these programs or to find out more about the Brain Injury Association of Connecticut, visit www.biact.org or call 860-219-0291.

Author

Kevin Borrup wrote this comic series to help educate children and parents on childhood safety issues while still having fun.

Illustrator

Scott DaRos is an illustrator and animator who is best known for his work in stop-motion animation and comics. For further information on the illustrator go to: www.scottdaros.com

Colorist

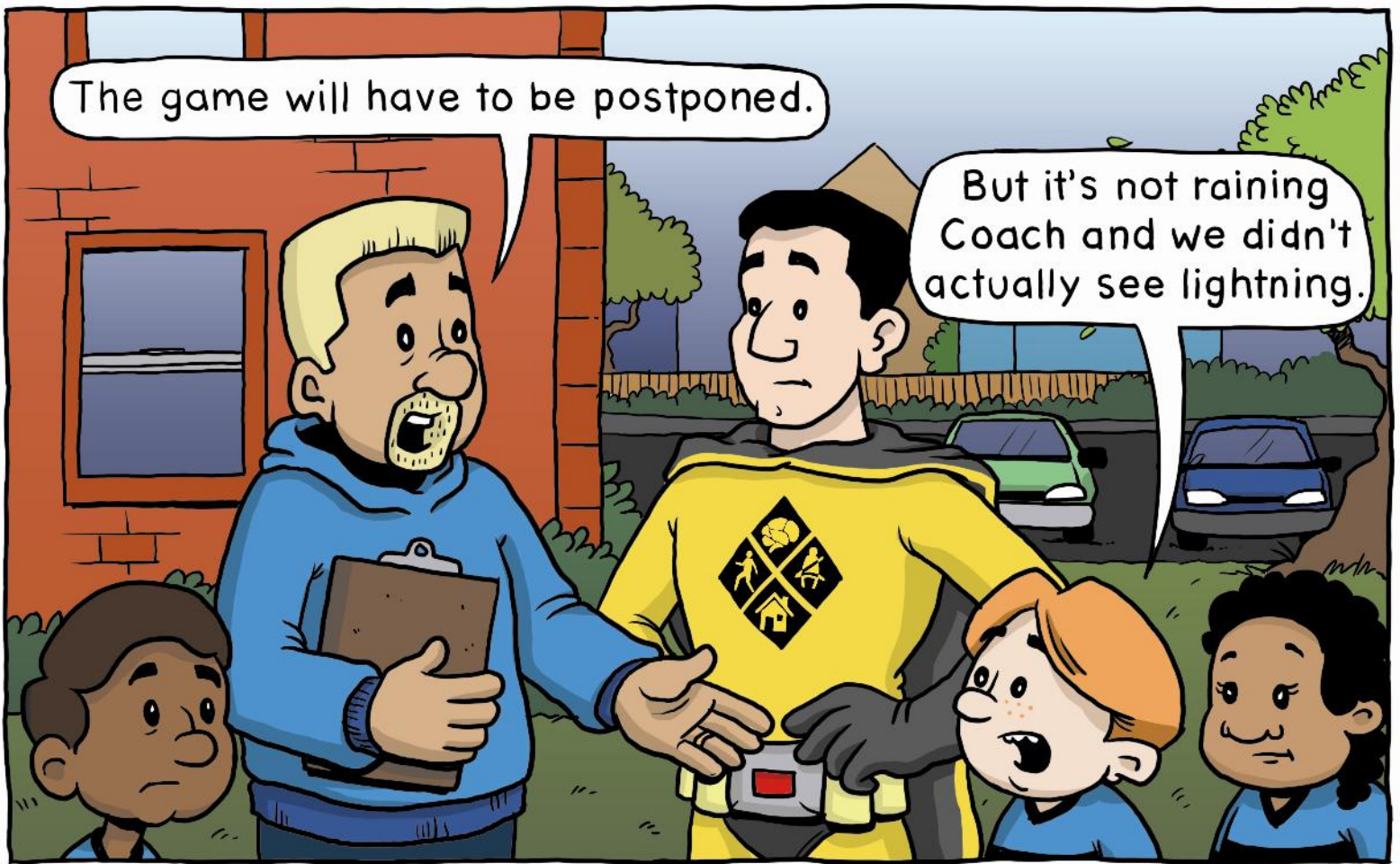
Alexis Deprey is an illustrator, graphic designer and dance instructor from Connecticut.





Well let's hope that it doesn't start raining.



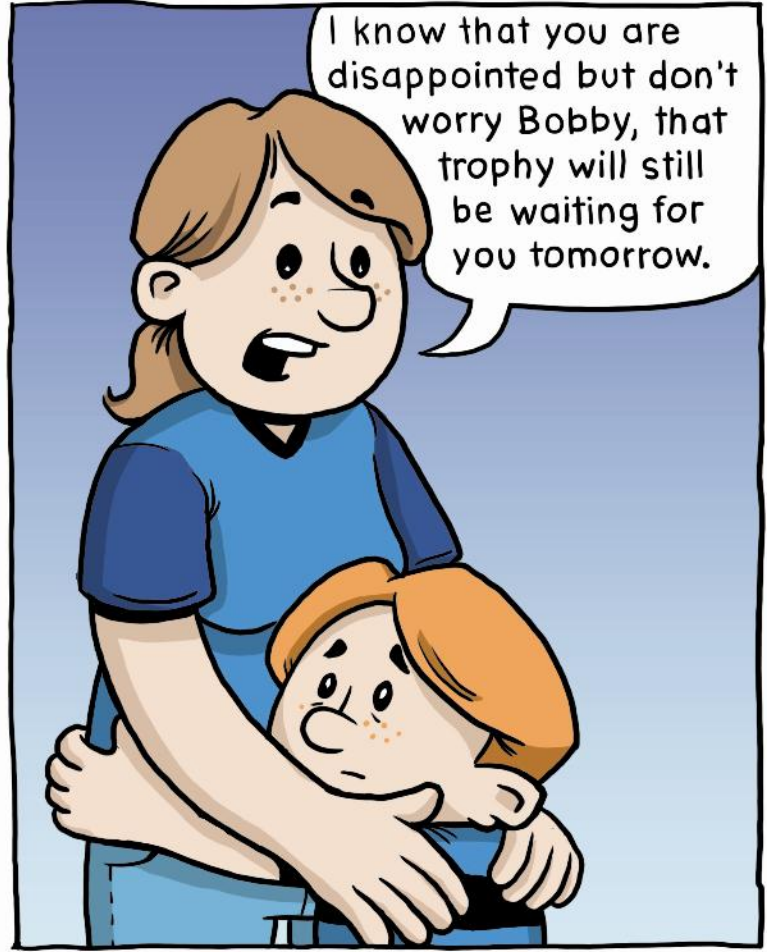


The game will have to be postponed.

But it's not raining Coach and we didn't actually see lightning.



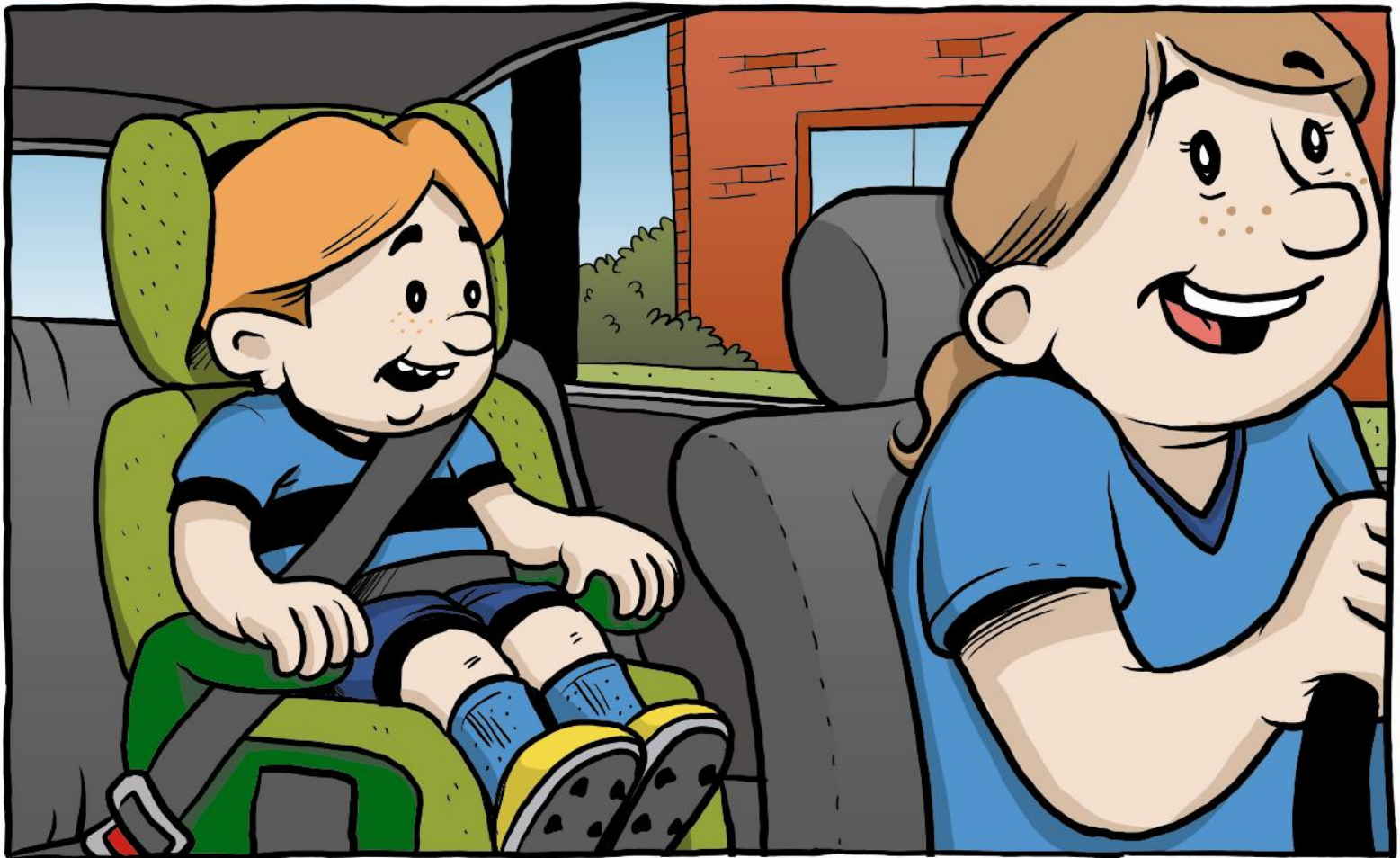
If you can hear thunder you are in danger from a lightning strike. An open field like this is probably the worst place to be. We should take shelter in the school.

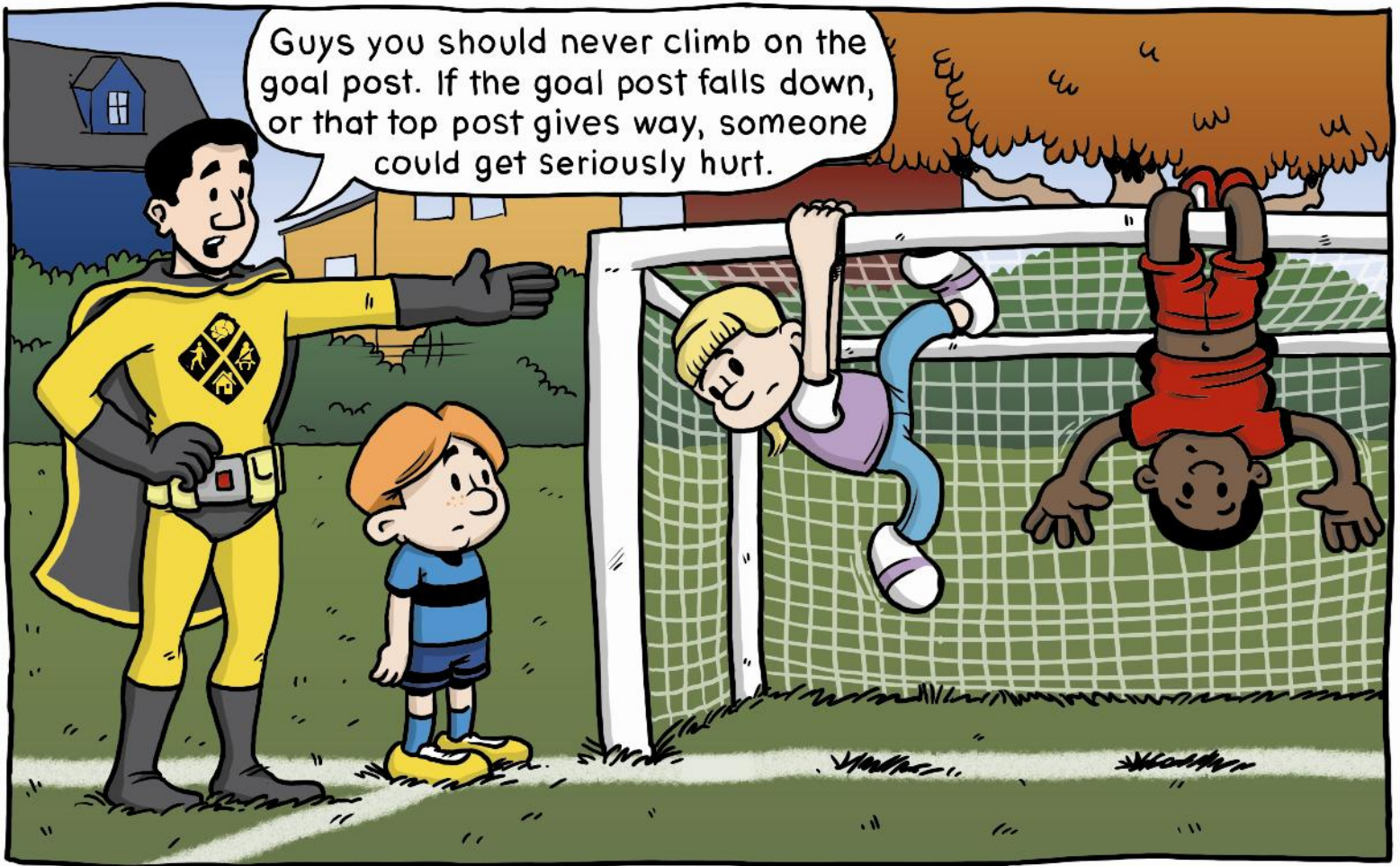


I know that you are disappointed but don't worry Bobby, that trophy will still be waiting for you tomorrow.

The next day...

Well, it's not raining today.
Let's go Mom, or I'll be late
for the big game!



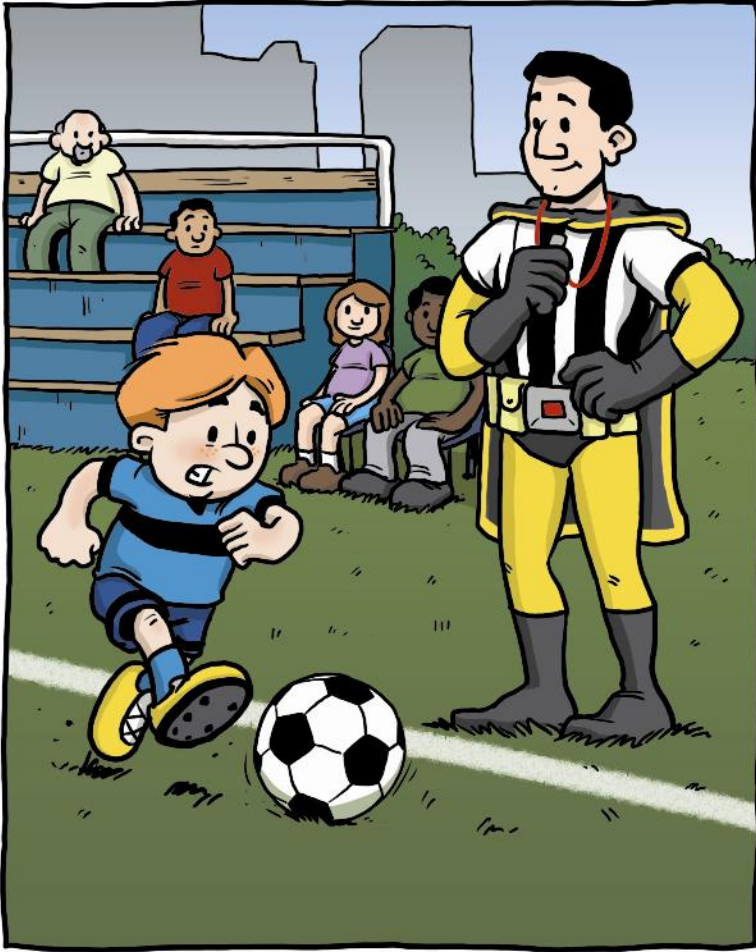


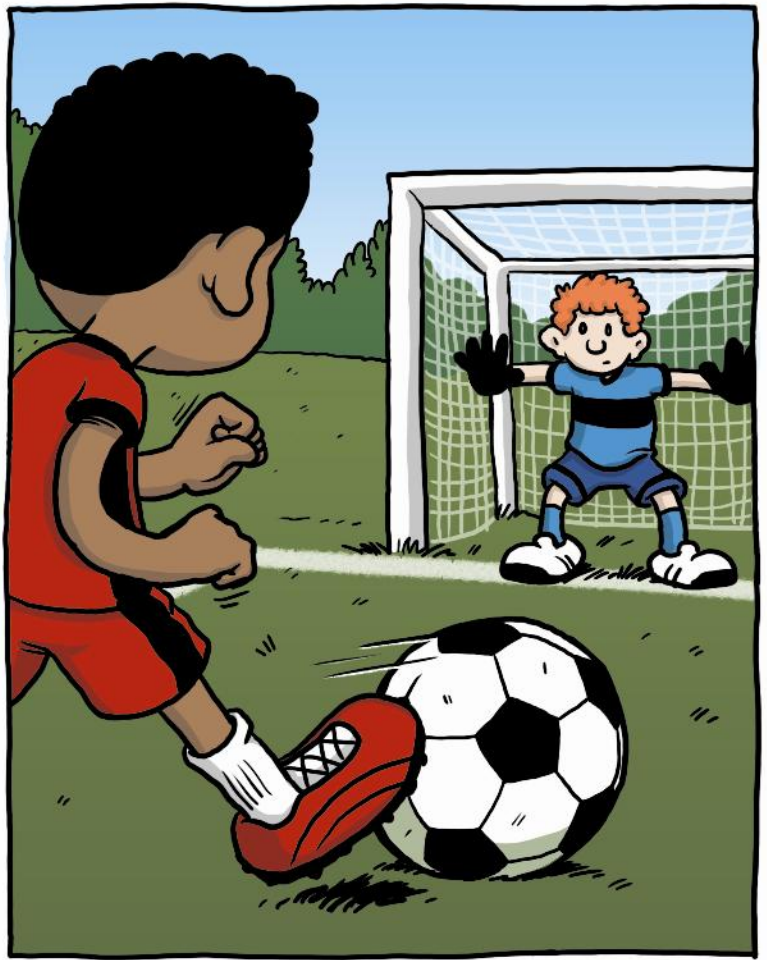
I hope the referee shows up soon, or we'll have to re-schedule the game.



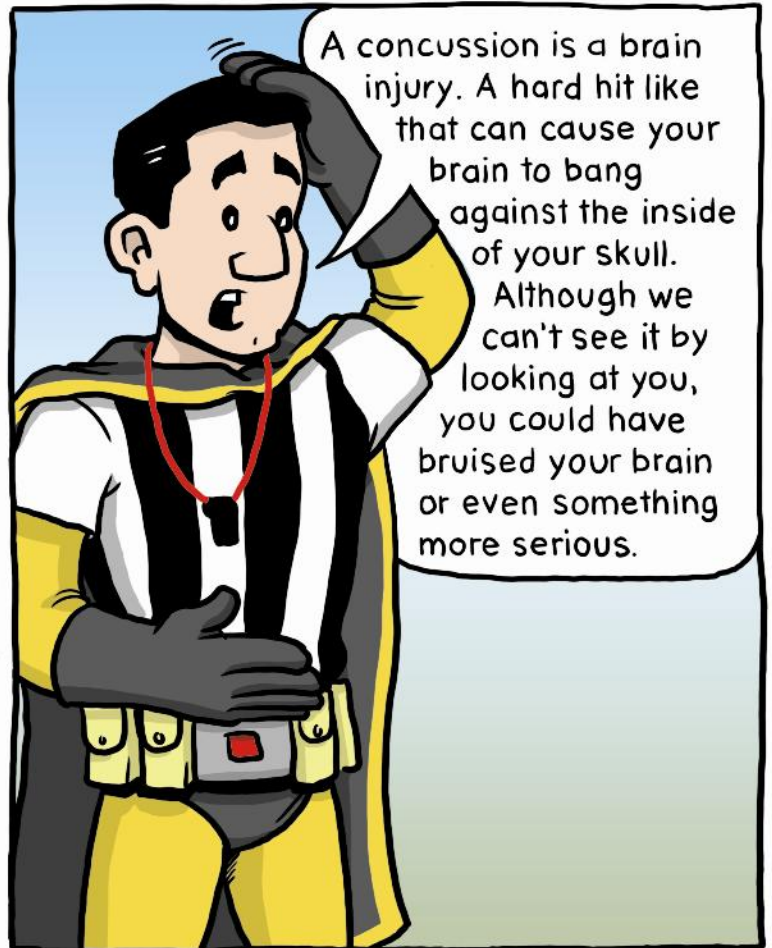
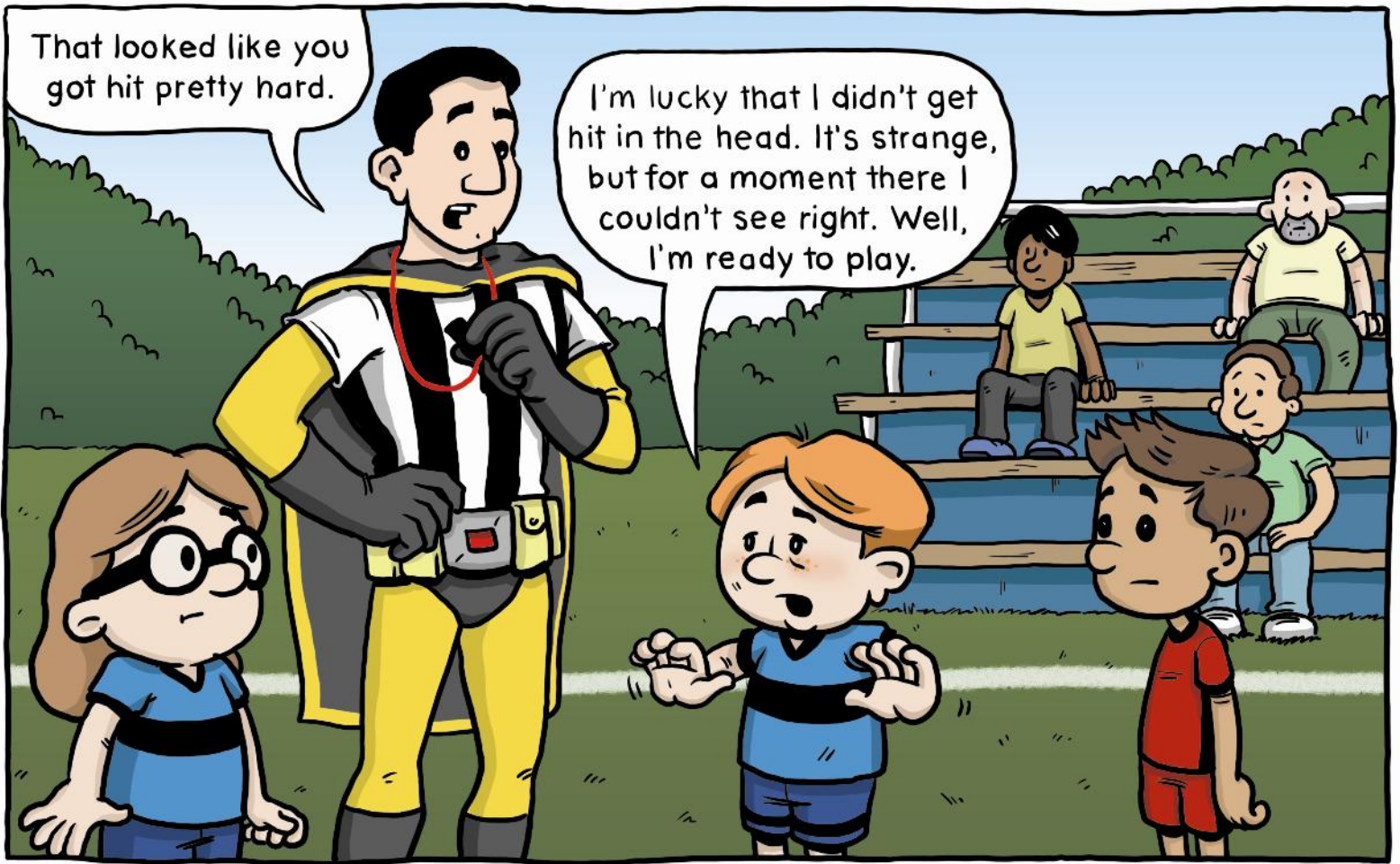
If you want, I can referee this game.

Thanks Captain Super Safe!















COLORING PAGE



GOOD
SPORTS

WORD SCRAMBLE PUZZLE

Unscramble the words below to solve the puzzle.



YORHPT



EFREER



LAGO



EMAG



Hint: together everyone achieves more.



CONCUSSION SAFETY TIPS FOR PARENTS

- Insist that safety comes first: Make sure your kids wear the right protective equipment for their activity.
- Parents, don't forget that you are setting an example for your kids and to wear protective gear yourselves- your kids are watching you!
- Educate yourselves on the signs and symptoms of concussion.
- If your child has experienced a bump or blow to the body or head during a practice or game, look for signs and symptoms of concussion.
- Seek medical attention right away from a medical professional trained in concussion management.
- Keep your child out of play until he/she has been cleared by the medical professional to return to activities.
- Remember, **WHEN IN DOUBT, JUST SIT OUT-** it's better to miss one game than the entire season.

